Learning Styles And Football!

By Sr. Judith Anne Sabau

I have been involved in education for many years and have often wondered why many of my students were unable to correlate various learning techniques and/or aids to a variety of subjects or activities. I have been aware of ‘learning styles’ and the importance of presenting lessons involving these in order to meet my students’ needs. It is my intent to review major components of the three learning styles and then make an attempt to correlate these to football—coaches you may want to check this out as you assign players to various positions on your team!!!

A predominately visual individual prefers to learn by watching demonstrations, thinks in pictures, and visualizes details. ‘His’ person is very detail oriented and examines set-ups and structures, tends to focus on details. Perhaps this individual would work well as a quarterback. Those ‘s’ and ‘o’s in the playbook and photos of executed plays, as well as seeing various formations his opponents are using can spell victory or defeat.

One whose learning style lies in the area of auditory or listening does well with verbal instructions. This person learns well with auditory repetition, enjoys dialogue and especially talking problems out. Tailbacks, fullbacks and wide receivers bring to mind being able to hear the plays the quarterback calls and execute them.

A student whose learning style relies on movement, action and/or direct involvement is characterized as a kinesthetic learner. This individual learns best with repetition and continual action, attacking problems physically and at times impulsively. They are known for jumping into a project before taking the time to plan out some sort of strategy for success. Both the offense and defense on a team may exhibit some of these styles. They love to be physically involved. They prefer action rather than trying to decipher the playbook. Repetition is valuable and often times they learn best by using ‘the sled’ during practice in preparation for the real action on game day. These players are constantly on the move and at times may cause penalties for ‘jumping off sides’ – (coaches do not appreciate these penalties!).

In conclusion, the more awareness an individual has regarding his/her major learning style, the greater the asset in experiencing success. This awareness can be applied to studies, jobs searches, and most contact situations. This knowledge can also be useful for employers in hiring and placing individuals in areas of the strengths they need to be physically involved. They prefer action rather than trying to decipher the playbook. Repetition is valuable and often times they learn best by using ‘the sled’ during practice in preparation for the real action on game day. These players are constantly on the move and at times may cause penalties for ‘jumping off sides’ – (coaches do not appreciate these penalties!).

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As in all rarity, there is great value. Because of my great rare value, I need not attempt to imitate others. Only one is qualified, only one has the right combination of what it takes. Nobody has my eyes, my nose, my hair, my hands, my voice. I’m special. Because—I’M SPECIAL!
At this time of Thanksgiving, I am struck by how much I am grateful for at the Academic Support Center. First and foremost, I am so very appreciative of all of our students, and I am appreciative of their parents for sending them to Notre Dame College. Being able to see the growth in our students from freshmen to senior year is overwhelming, and I am thankful that we are able to be a part of the growth. At our Parents’ Leadership meeting, two of our recent graduates, Ralph and Tricia, spoke about their college years, which have now led them to jobs and graduate school. Success is evidenced in our graduates!

Additionally, I am very grateful for the wonderful year that we are having. NEOEA Day was a terrific success with Dr. Jay Berk addressing, “Social Skills” in a very engaging, informative manner. On another note of appreciation, our Malley’s fundraiser profiled us $186 to be used for Whirly Ball on November 7th. A Braeuger’s week and a California Pizza Kitchen Night have further added to our activity fund.

With gratitude in my heart, I wish to encourage all of our students to prepare for their upcoming finals and to register for next semester.

What Would You Do?

Join members of the ASC every Thursday at 11:30 am in the Connelly Center for lunch with friends!

Lunch passes are provided for those ASC students who do not have a meal plan.

ASC LUNCH BUNCH! SPRING 2014
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Scholarship Recipients – Congratulations!

Miller Scholarship Recipients 2013-2014
Joe Gyora • JoAnna Haynes • Matthew Jones
Elaine Kendra • Christopher Jordan
Kendal Scholarship Recipient 2013-2014
Trevor Armstrong

“Challenge yourself with something you know you could never do, and what you’ll find is that you can overcome anything.” –Anonymous

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• ASC Leech Brunch

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What a beautiful day for this year’s Dyslexia Dash! The weather was perfect and the attendance was great. A big thank you goes out to our ASC students: Katie Sutter, Mackenzie Brown, Mya Gonick, and Morgan Lux for their help and participation.

“Make an impact in the lives of our students”

Sr. Joela Leinberger, ASC Director