The author cites prominent entrepreneurs with feedback or confirmation that he is listening to you. Asperger’s… he does not provide much active tasks; and a lack of sensitivity to social cues. interest in narrow subjects; a passion for numbers, good computer programmer resemble those of an Achieving Success in Numerous Ways...

The Economist

SPRING SEMESTER SEEMS TO FLY BY WITH BREAK AND LOOKING FORWARD TO SUMMER! WITH THAT BEING SAID MANY LATE NIGHTS ARE SPENT STUDYING AND KEEPING UP WITH SCHOOL WORK. STARTING THE SPRING SEMESTER OFF BY LOOKING OVER EACH SYLLABUS CAREFULLY AND MAKING SURE YOU UNDERSTAND EACH ASSIGNMENT LISTED FROM YOUR PROFESSORS IS VERY IMPORTANT! IF YOU ARE EVER UNCERTAIN ABOUT AN ASSIGNMENT OR PROJECT ALWAYS MAKE SURE TO EMAIL YOUR PROFESSORS FOR GUIDANCE.

Getting your calendar in gear is always a great idea to start off the semester. By writing your class schedules down, your test dates, and your assignments that are due will help you to stay on task. You can also write down breaks and days off to help know when you have free time to relax!

Try to organize your assignments based on each class and when they will be due! For example, if you have a math exam on February 1st and an Art History Exam February 5th by using time-management skills you can start to study for both topics simultaneously. Listing your tests for each class and also projects will help you feel accomplished when your able to cross them off and know that you have completed the things on your lists. Try to always focus on the week at hand and look to the week ahead but never look too much ahead because you don’t want to get overwhelmed or lose sight of the project or information your learning about right now! Following these simple small stress free study tips, you can have a great start to the semester!

Sister Joela Leinberger, SND

Growing up most mothers had us, “Clean that bedroom first thing on Saturday morning, or else...” Another good point is to empty the back-pack on Saturdays on the floor, or desk, and clean out everything. There may just be a handout from a teacher that needs to be looked at and finished for the next week. (“Oh, that’s where (fill in this blank) landed!”)

A point learned from personal experience is that on the flash-drive there should be a ‘folder’ for each class according to the name of the class or catalogue number. Flash-drives should not be a long list of titles for each paper you have done. Simple, common sense points to remember are those that go a long way in any social setting: courtesy, womanliness, gentlemanners, proper language, and conversation all get the point across that you are an educated, organized, young adult.

In the Spotlight … John Kirn, JD

JOHN KIRN, JD, ADJUNCT FACULTY MEMBER IN THE BUSINESS ADMINISTRATION DEPARTMENT

Professor John Kirn first met Notre Dame students when invited to speak on employment law to a class taught by Professor Steve Hotchkiss. A year later, Professor Kirn was delighted to receive an invitation to interview for an opening in the Business Administration Department and he began teaching here in Fall 2009. Currently he teaches both Business Law I and II. Professor Kirn also volunteers at the Legal Aid Society one day a week and continues to work with Business Advisors of Cleveland, a group of retired business executives and professionals who give no-cost advice to entrepreneurs. Speaking in a caring and experienced manner, Professor Kirn shared that he “has never met a disrespectful student on this campus.” His classroom style includes encouraging students to ask questions because, as he says with a chuckle, “lawyers like gray, black and white does not leave much room to maneuver.” He confesses that sometimes he “goes off on tangents” but his students tell him they appreciate this timely help and practical advice related to the business world. During his first semester at Notre Dame, Professor Kirn was nominated to the Wall of Fame in the Academic Support Center. In acknowledging the support students receive in this Center, he noted that he often wishes he could give more individual time to those facing specific learning challenges. However, he is grateful that ASC instructional advisers are available on a regular basis to provide the needed assistance. Professor Kirn’s advice to all students is: “Be prepared to work! No one is going to hand success to you. Your goal is worth working toward. Reflecting on his own life’s journey, Professor Kirn asserted: “I do not want to go back! I am looking forward to what is yet to come.”

Get the Point…

MARY JO LEVAND (RIGHT) is a Certified Public Accountant (CPA) who earned her Bachelor of Science degree in Accounting from John Carroll University. She began her career as a Staff Auditor at Ernst and Young in Cleveland. From there, she proceeded into the private sector as the CFO of Inovance Medical Services, a 100 physician corporation. Upon starting a family, she chose to become a full time mother and while doing so, she worked as a private consultant in the health care industry. As her family grew, she moved into personal tax accounting, which she is still involved with today.

Whirlyball

On Thursday, January 28, thirty two ASC students and staff gathered at Whirlyball/Laser-Sport for an evening of competitive fun. Many of the students went to the Winking Lizard for dinner and then joined the rest of the group for Whirlyball. Everyone had a fantastic evening and we all had one last chance to bid farewell to Meg Barrett who completed her tenure in the ASC that very day. We will all miss her and hope she joins us for many more Whirlyball nights to come!
CLEVELAND CLINIC CHILDREN’S HOSPITAL RESEARCH STUDY: LOCATED AT NOTRE DAME COLLEGE IN THE ACADEMIC SUPPORT CENTER

The Cleveland Clinic Children’s Hospital will be conducting research to evaluate how well Green Coffee Powder improves attention to task in young adults with Attention Deficit Hyperactive Disorder (ADHD).

Welcome to our returning students and our five new members who have joined the ASC/NDC this semester! I have wonderful news to share with you. One of our families has very generously donated $20,000 to the Academic Support Center. We certainly have many needs for this funding for programming and, most especially, for our building expansion. I would like to extend a big thank you to the Cleveland Clinic Children’s Hospital, transfer to Action and people we are following.

The idea is to have 3 people in your life that fit one or more of these categories. You should also practice being one of these 3 people in your life. With this present, life is easier and you may feel more supported in times of need (stress/estrss).

For additional information about the study or to enroll, contact:
Craig Sidol, sidolc2@ccf.org

The Cleveland Clinic Children’s Hospital,  transfer to Action

Don’t forget to LIKE the Academic Support Center Facebook page to get more up to date information on the center.

The Nest
Notre Dame College • Academic Support Center

From the Desk of Gretchen Walsh

Welcome to our returning students and our five new members who have joined the ASC/NDC this semester! I have wonderful news to share with you. One of our families has very generously donated $20,000 to the Academic Support Center. We certainly have many needs for this funding for programming and, most especially, for our building expansion. I would like to extend a big thank you to the family of all the ASC team, the college, and, of course, the students. On a similar note, one of our faculty members at Notre Dame College has also donated to the building fund, and additionally, we have received a donation to the Kendel Scholarship, which helps students with books and fees. My second piece of good news relates directly to our students’ success. We had a cumulative GPA of 2.71. Proudly, 35% of our ASC student population had above a 3.0 average, and 24 students are eligible for membership into the Delta Alpha Pi International Honor Society. We are so very proud of all our student accomplishments.

My final piece of great news concerns the ASC programming. I have been invited to speak in San Antonio at the Learning Disabilities National Conference this February on our students and their needs for accommodations.

I am looking forward to this semester, for we have many exciting activities planned for our students, such as Career Mentoring Day, Whirlyball, Delta Alpha Pi Induction Ceremony, Falcon Friends, and, of course, Recognition Day. I hope that you are able to join us for all of these activities.

"Change your thoughts and you change the world.” ~Norman Vincent Peale

SPRING BREAK IS THE WEEK OF MARCH 4 - MARCH 8.

Enjoy your week off, but remember all the projects that are due on the Monday you return. Try to plan ahead and schedule your appointments at the ASC before break!

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