Are You Protected Online?  By Caroline Pratt

Technology is as dangerous as it is convenient, and you may be at risk. The generation also known as Generation Y, includes technology savvy individuals aged 18-30. According to Glenn Haddox, this generation is riddled with internet security risks. Haddox visited Notre Dame as a guest of the Academic Support Center in October. Director of Cyber Security and Compliance at EDISON International, Haddox is also the father of NDC Sophomore Ryan Haddox.

“Cyber security is a game of managing risks,” Haddox said. According to Haddox, many of the greatest analysts are individuals with learning differences, such as dyslexia. Haddox, a dyslexic himself, explained that these individuals are often able to view information with less bias.

Forensic work is often comprised of negative testing. Through negative testing, analysts can test password security and determine how quickly a hacker could infiltrate a computer system. If a security system does not meet standards, a system can be infiltrated and a back door opened in seconds. Security risks are increasing, and even dense networks such as LinkedIn have fallen victim to experienced hackers. In June 2012, 6.5 million LinkedIn passwords were leaked by hackers in Russia and Poland. Services Coordinator in the ASC Jennifer Lowery, owned one of the hacked accounts.

“My password was out on the internet for the whole world to see,” Lowery said. Lowery became aware that her LinkedIn password was compromised and her Facebook profile with the same password, was then accessed from Poland. Like many internet users, she used the same password for her bank account, Facebook profile, and LinkedIn page. Her husband told her to change every password. Her husband, Tim Lowery, is an enterprise architect who builds IT infrastructure and has tested security vulnerability for the banking industry.

Unfortunately, online networks like Facebook and LinkedIn can only do so much to protect their users, so a lot of responsibility falls on individual users.

Haddox outlined the following tips to help improve internet security:

- If you want to build a password with high integrity, “using random characters is a great idea. If your password is difficult, they will move to the next.”
- Don’t use a firewall. Use a whitelist. A firewall blocks certain sites, but a whitelist does the opposite. It will block everything but the sites you specify are safe.
- Run an antivirus every time you start your computer and perform a total hardware scan once a week.
- If you use online banking, do not access the program on your Smartphone. Only access your bank from one computer and never use that computer for anything else. This is largely due to the risk of stroker bots. Stroker bots record every stroke of your keyboard and are built by petty thieves to access bank accounts, Amazon accounts, and many others.

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Do you have a Good memory?

READ EACH STATEMENT BELOW AND CIRCLE A NUMBER FROM 0-4. IF YOU’RE NOT SURE WHAT SOMETHING MEANS CIRCLE 0. TOTAL YOUR POINTS AND CHECK YOUR SCORE AT THE BOTTOM OF THE PAGE.

0 = NEVER 1 = OCCASIONALLY 2 = SOMETIMES 3 = OFTEN 4 = ALWAYS

1 I use acronyms to help me remember information. 0 1 2 3 4
2 I use acronyms to help remember information. 0 1 2 3 4
3 I visualize funny pictures to help me remember information. 0 1 2 3 4
4 I draw pictures to help me remember. 0 1 2 3 4
5 I use index cards to study vocabulary and other facts. 0 1 2 3 4
6 I make up songs to assist my memory. 0 1 2 3 4
7 I make up rhymes to help my brain remember. 0 1 2 3 4
8 I have an organized way to remember dates. 0 1 2 3 4
9 I see patterns in numbers. 0 1 2 3 4
10 I use index cards to study vocabulary and other facts. 0 1 2 3 4

IF YOU SCORED
33+ Wow! You have the skills to build an exceptional memory.
28-32 You remember things well. We’ll teach you more techniques to raise your score.
18-27 It’s time to teach you a few memory techniques and you’ll be surprised, what you can retain. 0-17 It’s time to learn some memory techniques!

In the Spotlight … Stephen Hotchkiss

Professor Stephen Hotchkiss, MBA, Assistant Professor of International Business, has been at Notre Dame College for only 6 years. Yet, even an informal conversation with this tall, friendly professor gives one a glimpse of his positive energy, great enthusiasm for life, and for the welfare of his students. These qualities have quickly become obvious to students involved in the Academic Support Center who, already in 2010, nominated him for a place on the ASC Wall of Fame.

When asked what advice he gives his students, Professor Hotchkiss responded: “Be prepared to work hard to reach your goals. I appreciate students who bring other things to the table and, who have the audacity to ask questions, which others may want to ask but do not always have the courage to ask. For me, the worst response of a student to a question I ask is: ‘I don’t know’ because I’m here to help you; call me, email me, come to my office.”

Professor Hotchkiss sees the ASC as a place that makes his job as a professor easier because the staff reaches out in ways that an individual professor cannot. He shared that some of his best students have come from the ASC. He likens the ASC experience to that of being coached in an athletic situation. Coaches spend time with students in a different setting than the classroom and use different skills that supplement the instruction given by the professor. He believes that “the biggest blessing is resilience: the ability to overcome negative experiences and set-backs and to move on positively.” His greatest joy is to see students succeed, grow in self-confidence, and achieve academically. Professor Hotchkiss is impressed that ASC students are proud of the support they receive themselves as well as the support they give to each other.

Dyslexia Dash 2012

The Academic Support Center was once again a proud sponsor of NOBIDA and Lawrence School’s annual Dyslexia Dash.

The event is a unique 5K run where the participants guess their finish times. They receive medals and prizes based on how close they come to their prediction.

Representing the ASC in the race was office manager, Meg Barrett, along with her husband, Bryan, and son, Riley. They came in 4th place as a team, which earned the ASC a new Read Write Gold Flash drive. Individually, Meg came in 4th and Riley came in 2nd both earning prizes and medals for themselves!

We also had the best volunteers! Director Gretchen Walsh and Admissions Counselor Ryan Mayer were in charge of handing out warm coffee and other treats to the runners and spectators. Some of our students also helped on the day of the race. Makenzie B., Mya G and Katie S gave water to the runners and kept them smiling on their journeys. Truly a great event!

Brittany Browning was born, raised, and educated in Cleveland, Ohio; she’s a graduate of Trinity High School and Kent State University. She holds a Bachelor of Science degree in Education with a concentration of Educational Studies. She began tutoring while student teaching at various Catholic Elementary schools with students with learning differences. She has tutored math, language arts, and study skills for the past two years at St. Barnabas Catholic School. She has led tutoring/note-taking skills for Anatomy and Physiology, Chemistry, and Biological Sciences at KSU. She is a full time teacher at The Communion of Saints.

Barb Kooser is a native of Warren, Ohio and currently lives in Shaker Heights. She has a Bachelor of Science degree in Biology from Westminster College and a Master of Science in Environmental Biology from the Ohio State University. After working for the Ohio EPA and Chesapeake Bay Foundation, she and her family settled back in the Cleveland area where she worked for the Cleveland Museum of Natural History. Her teaching certification came from the University of Findlay and she taught junior high science at St. Rocco School and St. Dominic School.
On October 18 and 19, the Academic Support Center at Notre Dame College hosted Loretta James, a recruiter from the Workforce Recruitment Program. Loretta represents the United States Defense Contract Management Agency and works out of the Bratenahl, Ohio office. Twenty bright and talented Academic Support Center students were interviewed for the Workforce Recruitment Program, which is a federally funded program that provides students with documented disabilities the opportunity to interview for internships or jobs.

The ASC students all worked diligently on their resumes and interview techniques. Apparently, all of their hard work paid off. Loretta said, “It was such a great pleasure spending time on the Notre Dame College Campus. I would like to acknowledge and thank our students and the people that make the center a wonderful center of learning.

The ASC is proud of our students and how hard they worked to prepare for a career. Last year, 23 Academic Support Center students were each offered multiple interviews. This year, 20 of our amazing ASC students, and they will be notified as soon as mid-December if they are selected for positions.

Twenty bright and talented Academic Support Center students were interviewed for the Workforce Recruitment Program which is a federally funded program that provides students with documented disabilities the opportunity to interview for internships or jobs.

As we approach Thanksgiving and the holiday season, I am struck by how much we have at the ASC for which to be thankful: our impressive students, our Instructors and Advisors, the ASC Staff, and, of course, the parents and guardians of our students.

Our students also had a fun outing at Whitehall and Lazer Tag on October 25th. We could tell that they appreciated the break from the routine of studying. Additionally, we have reached out to our students with Falcon Friends’ Game Day and meetings. Through the Workforce Recruitment Program, twenty of our students were interviewed for government internships and government jobs. At this point, I have to add how very proud I am of our students: the interviewer was highly impressed with the students’ preparedness and their poise.

Notre Dame College • Academic Support Center

We are having a wonderful semester with many exciting activities and events. Our Parent Leadership Meeting at Mayfield Country Club was well attended, and the highlight of the evening occurred when David Roush, a May 2012 graduate, spoke to the parents and Notre Dame community. David spoke on the value of a Notre Dame College education and the ASC while telling his personal story.

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The Academic Support Center reached out to the community with our annual NEOEA (North Eastern Ohio Association of Educators) Day by inviting Dr. Jay Berk to speak on “Strategies and Interventions for Oppositional Behavior and Defiance Disorders.” The ASC also participated in the Dyslexia Dash sponsored by the International Dyslexia Association and Lawrence School. Furthermore, we have had two special workshops: Glenn Hales, Director for Cyber Intelligence for Edison International and father of one of our students spoke on the Cyber World Challenges and Paul Weisinger of Waldbill, Drake & Wallace presented his

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