Habitat for Humanity

How did you spend your spring break? Morgan Lux chose to go to Birmingham, Alabama, from March 2-8 to work with Habitat for Humanity. Led by Jackie Wyman from Campus Ministry, 10 students from Notre Dame College met up with others from the University of Florida and Villanova University to help build a house in Birmingham.

Students were on the site by 8:00 A.M. each day to receive directions from Chris Cosby, their site supervisor. For the next 8 hours, the students worked on a number of projects for a house that had been started in January and was 2 weeks away from completion. Morgan was involved with installing the plumbing for the kitchen, bath, and laundry rooms along with installing the laminate flooring for the bedrooms. She also worked on the construction of the kitchen cabinets. Her team was responsible for the siding on the house and the window shutters.

Morgan had the opportunity to learn more about the Childhood Family, for whom the college students were building the house. Knowing that the family, a mother and child (ages 6-16) were also responsible for 100 hours of volunteer work on the house added a heart-warming and more personal tone to the project.

When asked why she would give up her spring break to work with Habitat for Humanity, Morgan replied, “It was my last chance to serve before I graduated.” As someone who spends a great deal of time at fastbanks and hunger centers, service certainly seems to be a way of life for Morgan and will, undoubtedly, continue long past her graduation from Notre Dame.

Time/Energy Questionnaire

Directions: Mark each response under the statement that you think is true about you. When done, count the number of marks under each category and place in the appropriate spot. This will indicate to you the time of the day you tend to have the most energy and be most productive.

MORNING
1. I like to get up before school to do homework.
2. I can remember things best when I concentrate on them in the morning.
3. I usually get up early.
4. I wake up in the morning feeling refreshed.
5. I usually feel tired or sleepy after lunch.
6. I remember things best in the evening before lunch.

AFTERNOON
1. It takes me a few hours in the morning before I feel awake.
2. I wish I could sleep all morning.
3. I usually went on my homework right away when I get home.
4. I find it difficult to work on assignments at school.
5. I wish I didn’t go to school until noon.
6. I remember things best after lunchtime.

EVENING
1. I usually hate to go to bed at night.
2. I stay awake for a long time after I get in bed.
3. I usually start my homework after dinner.
4. I wish I could stay home during the day to do my school work.
5. I wish I could go home after school at night.
6. I remember things best late at night.

Three signs that you are working at the wrong time:
1. Infatuated
2. Lack of motivation
3. Feel as though no matter how much you work, you don’t get anything done.

In the Spotlight … Dean of Students Karl Rishe

Karl Rishe came to Notre Dame as Dean of Students in August 2013, with a wealth of enthusiasm and experience from his work at Case Western Reserve University, Grand Valley State University of Michigan, and Ashland University. Being a first generation college student provides him a deeper understanding of Notre Dame College which he finds “young, energetic, and filled with potential”. In his position as Dean of Students, he oversees the Academic Support Center, the Band, Campus Ministry, Career Services, Cheerleading, Counseling Center, and Student Activities.

While spending the majority of his time with staff members creating systems to help students, his office walk-in policy speaks volumes about his availability and willingness to interact with anyone who has a need. His passion to empower students is framed in an adaptation of the words of John Wooden: “The worst thing you can do for students is something they can do for themselves.” Karl believes that both the “challenge” and the “support” students experience needs be equal so that they can achieve success; too much of either causes students to regress. He affirms that the Academic Support Center is a crucial way that Notre Dame addresses this two-fold need. Karl also inaugurated the Notre Dame Leadership Workshop, a nine-part series offered each semester, facilitated by Karl, Ted Steiner, and Mandy Means.

Karl earnestly offers our students this no-fail advice: “Go to class, go to class, go to class! The first time you miss, it is hard; the next time, it is easier; however, you end up paying for it one way or another! Read and do what it says in the syllabus! Make meaningful, in-person relationshipships right here at Notre Dame, not just on Facebook or through playing video games!” Karl’s sole objective is that students cross the finish line and graduate—good advice from a marathon runner!

Faculty, staff, and students from Notre Dame College spent spring break in the birthplace of Picasso and Flamenco dance-Spain-and the world’s once-greatest maritime empire-Portugal. One of the ASC’s students, Michael Fisher, states “it was amazing to see such beautiful countries, I am thankful for the opportunity.”

Graduate Profile

MICHAEL KAPLAN graduated with a management information systems degree from NDC in 2012. He is currently a Contract Specialist/Contract Administrator for the 63rd Contracting Squadron at Langley Air Force Base in Virginia. He also works as an Information Assurance Officer, Emissions Security Monitor, and Cyber Security License Manager for the squadron. Mike’s job requires him to research and administer various types of contracts that support the day-to-day operations at Langley Air Force Base and the nearby Fort Eustis Army Base.

He found out about his job through the Workforce Recruitment Program (WRP). It is a recruitment and referral program that connects federal and private sector employers nationwide with highly motivated college students and recent graduates who are eager to prove their abilities in the workplace through internships or permanent jobs. Each year, trained WRP recruiters from federal agencies conduct interviews with interested candidates on college and university campuses across the country.

Mike believes his major was a good mix between business and information systems and has prepared him well for his career. “While on the surface it might seem like a degree in Management Information Systems would not be helpful to someone who is looking to get a job in the contracting career field, it actually been invaluable,” said Mike. “Whether it is dealing with customers, writing contracts, or dealing with money, I have always found some skill that translates to my current role. And more often than not, that skill was learned or at least honed at NDC and the ASC.”

Mike appreciates the assistance he received from the ASC during his time in college. “The ASC was helpful to students with learning differences need to reach their full potential,” said Mike. “ASC helps students with learning differences give great help in college and professionally at the level they would if they had no learning differences. At the same time it teaches students techniques to manage and cope in learning differences so that even after college they can continue to succeed.”
CHARACTERISTICS OF AN AUDITORY LEARNER

- Learns through listening.
- Learns best through verbal lectures, discussion, and listening.
- Interprets the underlying meaning of speech through listening.
- Prefers directions given orally.
- Seldom takes notes or writes things down.
- Often repeats what has just been said.
- Talks to self.
- Often benefits from reading text aloud and using a tape recorder.
- Sits where they can hear but needn’t pay attention to what is happening in front.
- Hums or talks to himself/herself or others when bored.
- Acquires knowledge by reading aloud.
- Remembers by verbalizing lessons to themselves (if they don’t have difficulty reading maps or diagrams or handling conceptual assignments like mathematics).

MAKE YOUR LEARNING STYLE WORK FOR YOU!

AUDITORY LEARNERS

- Think aloud and talk to yourself.
- Participate in class discussions and debates.
- Make speeches and presentations.
- Read text out loud—especially when proofreading or when tired.
- Create musical jingles and mnemonics to aid memorization.
- Use a tape recorder.
- Discuss your ideas verbally with a friend or small group.
- Use verbal analogies and storytelling to illustrate your point.
- Recite information over and over to better memorize material.
- Sit near the side or back of the classroom where there is less visual stimulation.

ASC LUNCH BUNCH! SPRING 2014

Join members of the ASC every Thursday at 12:00 pm in the Connelly Center for lunch with friends!

Lunch passes are provided for those ASC students who do not have a meal plan.

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SPRING II 2014

The Nest
Notre Dame College • Academic Support Center

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Most importantly, we have continued to excel academically. At the Delta Alpha Pi Induction Ceremony, seventeen ASC students were invited to join the prestigious international honor society. Congratulations to: Lauren Aceder, Trevor Armstrong, C.J. Dowling, Sarah Gilner, JoAnna Haynes, Madison Hooper, Elaine Kendra, Kimberly Krozer, Ryan Lederman, David Petrovie, Talia Piazza, Tyler Rhoads, Sanjana Shah, Sean Slaughter, Brandon Taylor, Anna Wandel, and Joanna Wargo.

Lastly, we held a Career Day to help us transition from college into the world of work or into graduate school. This year, we were very lucky to have Mayor Welo of South Euclid as our keynote speaker. Additionally, we were able to meet with experts in the fields of marketing, education, criminal justice, and science.

Looking ahead, we are getting ready for Recognition Day, as well as studying for finals. Congratulations to our outstanding senior graduates. We will miss you at the ASC, but we know that you have great opportunities ahead of you.

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How to Break Down Large Assignments

1. Smash the assignment into its major steps.
2. Sequence and number the major steps in order from one to however many steps there are.
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“The journey of a thousand miles begins with one step.” ~ Lao Tzu

Notre Dame College • Academic Support Center

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Claudia Van Tyne
Tina Wokol
Biao Yuan

Contact Us

Back to top

Support the ASC

Register for Lunch Bunch

ASC LUNCH BUNCH!

SPRING 2014

Join members of the ASC at this year’s “Your Teen Magazine” event at Hathaway Brown School.

NotreDameCollege.edu

“Choosing to be positive and having a grateful attitude is going to determine how you’re going to live your life.” ~ Joel Osteen

Important Dates to Remember...

Recognition Day
April 11
Easter Break
April 17-21
Finals Week
May 5-May 8
End of semester
May 8
Graduation
May 10-11

Upcoming Workshops...
Ace Your Interview!
April 10
Get LinkedIn
April 24

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